

**competitor**  
your online source  
for the active lifestyle



**SunTrust**  
National Marathon

**CareFirst**  
BlueCross BlueShield  
National Half Marathon



MARCH 26, 2011

Register Here



**REGISTER NOW!**

CLICK HERE

PHOTOS

NUTRITION

TRAINING

SHOES & GEAR

INJURY PREVENTION

VIDEOS

FOLLOW:

**Celebrate In Seattle!**

Published: Jun 21st 2010 8:15 AM EDT by Race Coverage



Photo by: Bala

Looking for things to do before and after your run the Rock 'n' Roll Seattle Marathon or Half Marathon? We've got you covered.

Written by: John Mendelsohn

Seattle offers the visitor much to do in addition to visiting the clubs in which the nearly unlistenable popular-in-the-90s music known as grunge was incubated. For instance, ascend the 520 feet to the observation deck of Seattle's most celebrated landmark, the 605-foot-tall Space Needle, to enjoy spectacular views of the Seattle city skyline, Mount Rainier, the Olympic Mountains, and Lakes Union and Washington.

The Needle's restaurant, SkyCity, offers surprisingly good food (Rule 2: Never trust a restaurant with a view) and an exceptional wine list, featuring mostly local wines. It's unexpensive, but includes the cost (\$20) of a ride to the observation deck. SkyCity is one of those restaurants that goes around in a circle, but takes an hour to make a complete revolution, so chew slowly.

Alternatively, spend only \$7 to enjoy the views from the 42nd floor of the gorgeous Smith Tower, bearing in mind that you'll be able to glimpse neither Lake Union nor Lake Washington. Or head, assuming it's a weekday, with a mere fiver in hand for Bank of America Tower, the 73rd floor of which offers what many feel to be the best views in the Northwest. Enhance your pleasure by bearing in mind that the Tower is the 51st tallest building in the world, albeit nowhere to be seen on the American Institute of Architects' list of favorite American buildings!

Seattle Food Tours offers enjoyable explorations of Pike Place Market — with its dizzying array of specialty food purveyors, produce from local farms, and restaurants — and the recently gentrified Belltown, which offers the Northwest's most eclectic dining. The tours focus on FLOSS (fresh, local, organic, seasonal, and sustainable) foods and beverages, and you'll get enough samples (of Pacific Northwest seafood, fresh roasted coffee, artisan hand-made cheese, microbrew beer, gourmet chocolate, and fine wine) not to head back to your hotel faint from hunger, though no actual sit-down meal is involved.

EverGreen Escapes offers half-, full- and multi-day

search powered by **SEARCH**

**MEMBERSHIPS NOW 50% OFF & 2 FREE TRAINING SESSIONS**

GO

**Competitor.com Shoe Review**

Nike LunarGlide+2—(\$100)

Vibram FiveFingers Bikila—(\$100)

Terra Plana Evo—(\$160)

Saucony ProGrid Ride 3—(\$95)

Saucony ProGrid Omni 9—(\$110)

[Read more Competitor.com Shoe Review »](#)

